

CHILD AND ADOLESCENT MENTAL HEALTH SERVICES UPDATE

Relevant Board Member(s)	Dr Ian Goodman Councillor Phillip Corthorne
Organisation	Hillingdon CCG London Borough of Hillingdon
Report author	Elaine Woodward, Hillingdon CCG Sunny Mehmi, London Borough of Hillingdon
Papers with report	Appendix 1 - Hillingdon CAMHS update report Appendix 2 - Draft Local Transformation plan

1. HEADLINE INFORMATION

Summary	The report sets out progress in developing partnership working on Child and Adolescent Mental Health Services (CAMHS) and includes an outline draft Local Transformation Plan, which is to be submitted to NHS England in October 2015.
Contribution to plans and strategies	Hillingdon's Health and Wellbeing Strategy 2015
Financial Cost	NHSE have identified additional funding of £524,623 per annum that will be provided to CCG's from December 2015 for 5 years, focussing on Eating Disorders (additional funding of £149,760 per annum) and Service Transformation (additional funding of £374,863 per annum), subject to the submission of a plan, which meets the assurance process requirements. The Local Transformation Plan needs to be signed off by the CCG and on behalf of Hillingdon's Health and Wellbeing Board.
Ward(s) affected	All

2. RECOMMENDATIONS

That the Health and Wellbeing Board:

- 1) **Notes the progress so far in improving Child and Adolescent Mental Health Services in Hillingdon, through partnership action.**
- 2) **Agrees the outline Local Transformation Plan at appendix 2 and authorises the Chairman of the Board, in consultation with the Chairman of HCCG and Chairman of Healthwatch Hillingdon, to sign off the final submission spreadsheet based on this outline to NHS England by 16th October 2015.**

3. INFORMATION

At its previous meetings on 17 March and 21 July 2015, the Board had received updates on development of a partnership approach to improving Child and Adolescent Mental Health Services (CAMHS).

The Board noted that the Government had announced additional funding for 5 years to enable the Transformation of CAMHS with the outcome of this to include that, by 2020, an additional 100,000 children and young people nationally will receive treatment. The Board asked officers to bring an update report on progress with the Hillingdon Strategic Partnership plan and impact of any subsequent guidance from NHS England (NHSE) on the development of Local Transformation Plans to its next meeting.

A Hillingdon Joint Children and Young Persons Emotional Health & Wellbeing Transformation Board, chaired by the CCG Clinical Lead for Children and attended by senior representatives from the CCG, London Borough of Hillingdon, Hillingdon Healthwatch and Hillingdon MIND, has been established. This Board will report to the Health and Wellbeing Board on a regular basis and provide performance and programme management for implementation of the Local Transformation Plan. In addition, the CAMHS Local Transformation Plan will also be reported to the Local Children's Safeguarding Board.

The London Borough of Hillingdon has also recently published a draft Joint Strategic Needs Assessment for CAMHS and Healthwatch Hillingdon has also published a second report on CAMHS, which involved interviewing children, young people and their families. These reports have enabled the Board to target areas of greatest need within Hillingdon.

The update at Appendix 1 sets out the process required under the guidance to assure NHSE to the release new money. It also sets out the priorities for action in the new plan, namely:

1. Reducing the waiting times for tier 3 CAMH Service
2. Development of Self Harm, Crisis and Intensive support service
3. Development of comprehensive LD service for children with mental health, challenging behaviour and autism
4. Develop a Community Eating Disorder service
5. Understanding the role of Schools/College in emotional well-being and commissioning services such as counselling
6. Development of primary CAMHS for non MH specialist staff
7. Development of MH training for the Children's workforce

Appendix 2 contains the detail of the draft plan which will be submitted to NHSE. The final version will be based on spreadsheet template as required by NHSE. It will follow the outline shown and include the metrics and actions listed.

Financial Implications

Appendices 1 and 2 set out a range of areas for development and the financial resource requirement, where applicable, to enable the successful delivery of the proposal. A summary of the proposals requiring additional investment is set out in the following table:

Proposal	One-off £000	Ongoing £000
Year 1		
Provision of Therapist Support (contract)	100	
Staff Recruitment - Deliberate Self Harm		100
Staff Recruitment - MH/LD		100
Mental Health Training Programme	30	
Develop Better Links with Schools and Colleges	20	
Community Eating Disorder Service		145
Develop Engagement with CYPS and their Families	25	
Total Year 1 Requirement	175	345
Year 2		
Total of Ongoing Services Developed in Year 1		345
Commissioning of Emotional Health and Wellbeing Services for Schools and Colleges		40
Commission a Primary CAMHS Non Specialist Service		100
Develop Peer Mentoring Provision		15
Engagement with CYPS and their Families		10
Mental Health Training Programme		10
Total Year 2		520

NHSE have identified additional funding of £524,623 per annum that will be provided to CCG's from December 2015 for 5 years, focussing on Eating Disorders (additional funding of £149,760 per annum) and Service Transformation (additional funding of £374,863 per annum), subject to the submission of a plan, which meets the assurance process requirements. The Local Transformation Plan needs to be signed off by the CCG and on behalf of Hillingdon's Health and Wellbeing Board.

The proposals for year one will focus on one off projects, totalling £175k and the creation of permanent services totalling £345k. This will utilise the majority of the grant in Year 1. For Year 2 and beyond, the proposals will build on the one off investment in Year 1 and put in place additional permanent arrangements that are estimated to cost £175k. It is anticipated that, in Year 2, the majority of the grant will be utilised to fund ongoing, permanent arrangements.

4. EFFECT ON RESIDENTS, SERVICE USERS & COMMUNITIES

What will be the effect of the recommendation?

The transformation of children and young people's emotional wellbeing and mental health services will enable more young people to access evidence based mental health services, which meets their needs. For the wider population of Hillingdon, children and young people will develop skills which will improve their emotional health and wellbeing and develop skills to improve their emotional resilience.

Consultation Carried Out or Required

The report is based on CAMHS Strategy 2013 which is the outcome of consultation undertaken jointly by HCCG and Hillingdon Council. It is also based on the Future in Minds report,

Healthwatch Hillingdon's 'Seen & Heard' report and the CAMHS Joint Strategic Needs Assessment 2015.

Policy Overview Committee comments

None at this stage.

5. CORPORATE IMPLICATIONS

Hillingdon Council Corporate Finance comments

Corporate Finance has reviewed this report and concurs with the financial implications above, noting the recommendations will be funded by NHS England and will not call upon any Council resources. This additional funding will contribute to Hillingdon's Health and Wellbeing Strategy 2015 through increased access to emotional wellbeing and mental health services for children and young people in the Borough.

Hillingdon Council Legal comments

The Borough Solicitor confirms that the strategy complies with guidance issued by NHS England. There were no legal impediments to the Board agreeing the recommendations set out in the report.

6. BACKGROUND PAPERS

NIL.